

The Porter

St. Conrad Fraternity, Annapolis, MD
Secular Franciscan Order – August 2021
<http://stconradannapolis.sfousa.org/>

The Porter deadline for the next issue is September 11. Please send news, prayer requests, poems, or interesting items that you think other members may enjoy to: Joan Faltot, 8217 Grainfield Rd, Severn, MD 21144, or send by email to jd6bouv@verizon.net.



Fraternity Meeting

Saturday, August 21, 2021

Mass at 9:30 AM * Sacred Heart Chapel**

Near 16501 Annapolis Rd, Bowie, MD 20715

Meeting at 10:00 – 11:30 AM * Home of Toby Harkleroad
13214 Idlewild Dr, Bowie, MD 20715 (See map on page 3)**

Bring your mask (required in PG county when inside).

Snacks & Coffee will be provided by the Council.

And don't forget your Common Fund donation... Joe will have the basket out.

Please bring your Liturgy of the Hours. We will be saying Morning Prayer for Saturday, 20th Week of Ordinary Time, Psalter: week 4

Outreach

We will be collecting school supplies and uniforms for children in the Light House Shelter community in Annapolis at this meeting. Please see flyer on page 9.

Prayer Requests



For physical and spiritual healing of: Judith Tyrrell, Gertrude Shelton (Marie's mom), Ed Sievers (Kathleen's husband), Fr. Paul Dressler's sabbatical, Evelyn Jones, Tessie Chitty, John Gemmell (husband of Mary), Jan Parker (National Minister), Ed Wilbourne, Susan Greif, Kellie Eye (granddaughter of Susan Greif), Katherine Henry (daughter-in-law of Mary Henry), Stephen (great-grandson of Mary Henry), Joe McGeady, John McHugh (brother of Joe), Bill Mulqueen, Ruth Shea's husband, Evelyn Jones' niece, Jimmy Wilbourne (son of Genny), Gerard Malka (brother of Genny Wilbourne), Carolyn Melka (sister-in-law of Genny Wilbourne)
(Please help update -send changes/additions to jd6bouv@verizon.net)

Birthdays

Opps missed some in the last Porter, sorry....

Pat Tyrrell – 07/24

Bob Ranke – 08/22

Jude Doge – 07/29

Denise Miente – 09/03

Toby Harkleroad – 07/30

Christopher Grubach – 09/15

Sarita Palmer – 08/10

Profession Anniversaries

Sarah Ranke – 09/11/1986

Carmen Delgado – 09/11/1986

Bob Ranke – 09/11/1986

HAPPY 35th ANNIVERSARY TO ALL

Don't forget

October 1-3, 2021. For those who have preregistered and paid their deposit, Fall Retreat under the direction Fr. Brian Stacy at Claggett Retreat Center, 3035 Buckeystown Pike, Adamstown, MD.

Save the Date

20th Quinquennial Congress on August 3 – 7, 2022 in Phoenix, Arizona. For more information: <https://secularfranciscansusa.org/wp-content/uploads/1-General-Information.pdf>

Council Meeting

Monday, September 6th at 1:00 via Zoom



Minister's Minute

As you can see on page one, Toby Harkleroad offered his home for our meeting on Saturday, August 21st. This meeting will also be a farewell meeting for Toby (though he is not leaving our fraternity immediately). Toby is moving to his new home in Silver Spring and currently getting his current home in Bowie ready to sell. He has already started packing up. Contractors will be invading on

August 23 to install new carpets and paint, so we will have the run of the place, including two bathrooms. Toby has about 15 chairs, plus a few folding chairs. To be on the safe side, toss a camp chair in your car. If weather is nice, we can have our meeting in the backyard, otherwise we'll be in the house. Coffee pots will be set up in the kitchen along with some munchies.

Fortunately, Toby lives three minutes (according to Google Maps) from Sacred Heart Church. Mass is offered at 9:30 AM on Saturday mornings in the Chapel on the Hill above the church. Sacred Heart Chapel on the Hill was built when it was illegal to worship publicly as a Catholic. Jesuit Fathers built the original "chapel house," the present sanctuary and sacristy, about 1741 as a "Mass House." The main part, or nave, of the present chapel was added in 1827. During the night of May 15, 1853, the chapel was destroyed by fire along with the adjacent buildings, first the rectory, then the old novitiate. The stone walls of the chapel, however, remained standing. Rebuilding of the chapel was not completed until 1856. You can continue reading on about its history at <https://sacredheartbowie.org/chapel-history>

We will be collecting schools supplies and uniforms for the Light House Shelter. Please see flyer on the last page. Also, the Poor Clares in DC would like to receive some large-print books. If you have some that you think they would enjoy reading, please bring them to the August meeting as well.

DON'T FORGET that our next fraternity meeting on September 18 will be at Capuchin College in Washington, DC for the Profession of Ruth Shea.

Our Fraternity Family: Keep up the prayers for:

Fr. Paul Dressler, OFM Cap – that his spiritual sabbatical will renew him and provide direction on his spiritual journey Toby Harkleroad as he prepares to sell his house, move, and start a new job.

Mary Anne Novak who lost her mother about a year ago and an aunt (her mom's sister) recently.

John Gemmell – Chemo treatment has not been kind to him.

Please send me some happy news to share with the fraternity!!

Treasurer's Report

July's ending balance		\$1,869.69
Donations		
from Fraternity meeting/mail	\$1,910.00	
August Expenses		
Franciscan Family Apostolate	\$ 100.00	
August ending balance		\$3,679.69

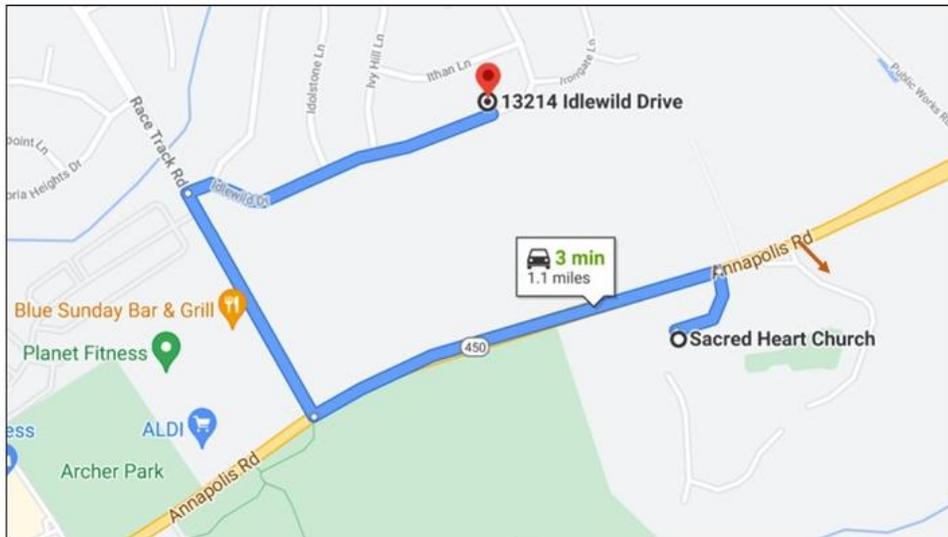
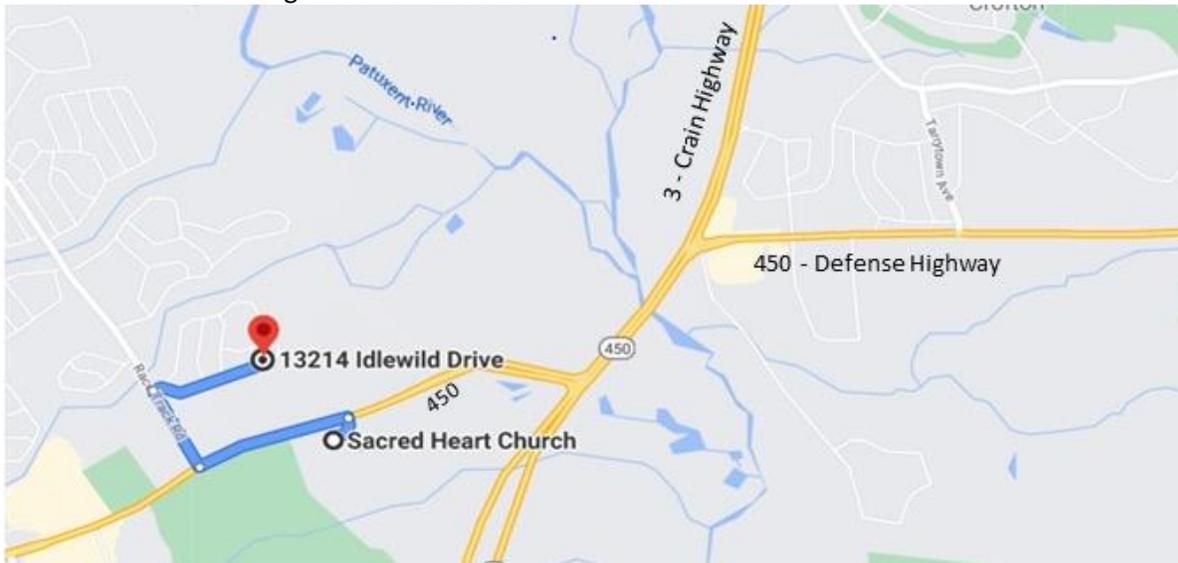
Contributions can be mailed to: Joe McHugh at 1740 Tedbury St, Crofton, MD 21114

Remember, when making your donation to the fraternity, you can use the memo line of your check to designate where you wish your contribution to be directed. There are three possible designations:

- **COM - Common Fund (this covers fraternity operations and the Sabu family in India)**
- **BUS - bus tokens for the Light House shelter clients**
- **SFIS - St. Francis International School**

Map to Sacred Heart Chapel & Toby's Home

The main crossroad is Route 450 west (Annapolis Rd) and Route 3 – Crain Highway just south of the Patuxent River. There is a street light at this intersection.



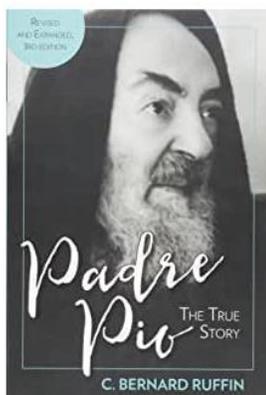
To reach the Chapel on the Hill, turn left on lane **PRIOR** to the Church entrance/exit roads.

If you miss it, use the church parking lot to make a U turn.

Getting to Toby's is easier.
Right on Race Track,
Right on Idlewild Drive
Lost? Questions?
Toby: 301-509-7910
Joan: 301-655-3876



The Chapel is on a hill above the church, past the cemetery. There is parking by the chapel and also available on either side of the Msgr. Hogan School for Religious Education and there is also limited parking at the Parish Office (the first building you see on the left coming up the entrance).



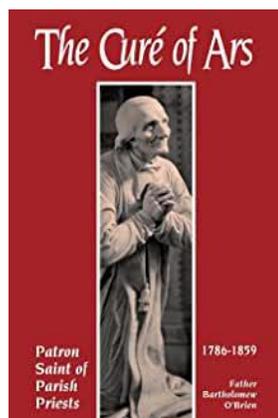
Padre Pio: The True Story, by C. Bernard Ruffin

From Carole Marsh

The book, *Padre Pio: The True Story*, by C. Bernard Ruffin, is an excellent account of the great saint's life. A sentence from the back cover states "This is the comprehensive story of the priest who became world famous for his stigmata, miracles, and supernatural insights."

Reading was easy, the letters and narratives from those in the life of St. Padre Pio engaging, and the layout logical. Truly an in-depth biography. The parts of the book describing his personal life and struggles make the reader see him as a real man, a human being. One can learn about the strong bonds he had with his family and the beginning of his vocation and his faith. The part about his mother and their love is powerful. How she loved her son, wanted to see him, be with him, went to him, and how crushed he was upon her death. The devotion his spiritual daughters had for him, the love his followers felt for him, and the faith these people put in the great saint, especially in light of the persecution of those in authority over Padre Pio. What Pio must have felt and experienced being so close to God, having regular conversations with Jesus and Mary, and then being condemned, doubted, and put away by his earthly superiors. And then there were the attacks of the evil one, nightly visits and attacks from demons. And this is just the beginning.

In summary, this book, chronicling the life of St Padre Pio, is well written, informative, detailed, and highly recommended. (And it has 5 stars on Amazon)



The Curé of Ars: Patron Saint of Parish Priest by Fr. Bartholomew O'Brien

From Pat Tyrrell

I just finished reading *The Curé of Ars: Patron Saint of Parish Priest*, by Fr. Bartholomew O'Brien, for at least the third or fourth time. I was prompted this time by his Feast Day this month (August 4) and enjoyed reading it now just as much as the times before. Its 20 chapters take only 108 pages, so it is easy to read in small bites, but it is full of the amazing dedication, wisdom, and inspirational self-giving that Saint John Vianney displayed. He was a real slave of Christ and Mary and of the people of the little town of Ars in southern France where he was pastor from 1818 to until his death in 1849. My favorite quote of his from the book is: Humility is to the various virtues what the chain is in a Rosary. Take away the chain

and the beads are scattered; remove humility, and all virtues vanish.

Of heroic virtues, he had an abundance. He never thought of himself and abused his body, but truly lived the Great Commandment to love God and neighbor. He lured the people in the town away from the four taverns that existed there and established a community that spent hours in prayer, at Masses, and in confessional lines along with (eventually) hundreds and thousands of visitors. The book claims that at the time of Vianney's death (1849), over 100,000 visitors came to Ars each year, and at the time of the book's publication (1956) over 500,000 visited annually. St. Bonaventure tells us that towards the end of his life St. Francis would tell the other friars: "Let us begin again, brothers, for up until now, we have done little or nothing." Father John Vianney seemed to live his life like that.

Since he was a diocesan priest, he was able to enter the Third Order of St. Francis. Google his name and you will find it mentioned in every entry, but no detail is ever provided, nor is it mentioned in the book. I have heard it said that it was a common practice for diocesan seminarians to be professed in the Order back in that time. (Historical aside: all seven Popes from Pius IX in 1846 through John XXIII in 1956-63, belonged to our Order.)

Please give this little book a try. You won't be sorry. It is available on Amazon for \$8.95 (or \$4.95 as an e-book), and as little as \$4.00 used (on such sites as abebooks.com)— prices mentioned include postage. (Also a 5-star book)

ST CLARE – FEAST DAY * AUGUST 11TH

From Judith Tyrrell

Several years ago you may remember I spoke about St. Clare at a Regional Day of Recollection at St. Anthony's and shared with you a booklist about her (you may still have it). At the Council's request, it's with joy that I would like to share with you some specifics about a few of those books and a new one that may help you to get started in further reading about St. Clare whose feast day we just celebrated.

First there are a couple of classic reference books that provide her life story as well as her writings. The most recent is Clare of Assisi the Lady one of the *Early Documents* collections similar to The Francis series by Regis Armstrong OFM Cap (Ingrid Petersen contributed) and an earlier edition entitled Francis and Clare The Complete Works by Armstrong and Brady (a quick easily handled compilation of their writings).

Perhaps there is an aspect of St. Clare's life that you have wondered about or have wanted to learn more about so here are a few suggestions to get you started:

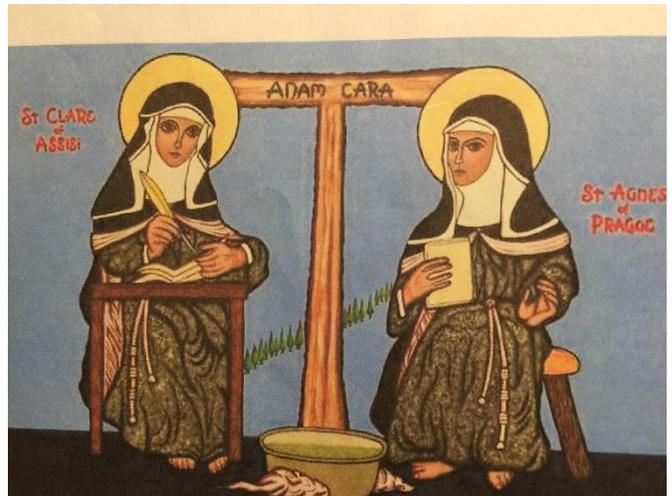
To Cling With All Her Heart to Him by Benet Fonck OFM is a book about the spirituality of St. Clare and has a wonderful chapter on Contemplation and much more.

Or if you would rather just read brief stories of her life in an overview, The Little Flowers of St. Clare by Fr. Edmund Gorman OFM Conv like those Little Flowers of St. Francis provides that.

A simple book that ties together the spirituality of Francis and Clare is a book by Ilia Delio OSF entitled Clare of Assisi the Letters to Agnes. Ilia wrote Clare of Assisi: A Heart Full of Love that speaks of Clare's lesson to Agnes to "gaze, consider, contemplate and imitate Christ." Sr Frances Teresa Downing a, Poor Clare, has written several books about St. Clare in a three-volume set Saint Clare of Assisi the Original Writings, The Context of Her Life and Her Charism. My favorite book of hers however is a spirit-filled book she wrote that teaches us about Clare of Assisi's journey to God. Clare became This Living Mirror of Christ to her sisters and to the world that she wrote about in her letters to Agnes.

Finally I was asked to share a favorite prayer of St. Clare's, and I include here (next page) The Office of the Five Wounds of Christ said to be taught to her by St. Francis from The St. Clare Prayer Book by Jon Sweeney which includes the prayer life of St. Clare and other prayers of hers.

These are just a few books about St. Clare and her life. Check out the bibliographies in some of these books or ask your Franciscan brothers and sisters for suggestions and let me know what you find.



The Office of the Five Wounds of Christ

Said to be a prayer taught to St. Clare by St. Francis.

Prayer and Praise to the Right Hand:

O Lord Jesus Christ, praise and glory to You for the most sacred wound in Your right hand. Because of this sacred wound grant me the pardon of all the sins I have committed by thought, word, and deed, and by omission. Give me the grace to venerate Your most precious death and these Your sacred wounds worthily; and grant that by Your help I may mortify my body and be able to thank you for this great gift, You Who live and reign forever. Amen.

Prayer: Our Father. Hail Mary.

To the Left Hand:

O most sweet Lord Jesus Christ, praise and glory to You for the most sacred wound in Your left hand. Because of this sacred wound have mercy on me and deign to change in me whatever is not pleasing to You. Give me a victory over Your cruelest enemies, so that I might overcome them by Your strength. I humbly beg, because of Your most holy death, that You would free me from all the present and future dangers to my life. And make me worthy of Your glory in Your kingdom. Amen.

Prayer: Our Father. Hail Mary.

To the Right Foot:

O mellifluous Lord Jesus Christ, praise and glory to You for the most sacred wound in Your right foot. Because of this sacred wound allow me to do a penance appropriate for my sins. I humbly beg, because of Your most holy death, that night and day You would keep me, Your servant, in Your will, deliver me from every difficulty of soul and body, and, on the fearful day, welcome my soul into Your faith and mercy, and lead me to eternal joy. Amen.

Prayer: Our Father. Hail Mary.

To the Left Foot:

O most holy Lord Jesus Christ, praise and glory to You for the most sacred wound in Your left foot. Because of this sacred wound allow me to surrender to Your full tenderness, so that, with Your help, I may deserve to escape Your judgment of revenge. Because of Your most holy death, I beg You, most holy Jesus Christ, that, for eternal salvation, I might deserve to receive before the day of my death the Sacrament of Your most sweet Body and Blood, with an intimate confession of my sins and perfect penance, and in chastity of mind and body, and with the anointing of the sacred oil. Amen.

Prayer: Our Father. Hail Mary.

To the Wound in the Side:

O most kind Lord Jesus Christ, praise, and glory to you for the most sacred wound in Your side. Because of this sacred wound and the most sacred generosity of Your mercy, which You revealed to the soldier, Longinus, in the opening of Your side and now to all of us, I beg You, most holy Jesus, You Who cleansed me through Baptism from original sin, to free me from all evils, present and to come, by Your most precious Blood which is sacrificed and consumed each day throughout the whole world; and by Your bitter death, to give me correct faith, certain hope, and perfect charity. Strengthen me in good works that I might love You with all my heart, all my soul, and with all my strength, and give me a strong perseverance in Your holy service that I may be healthy to please You perfectly here forever. Amen.

Prayer: Our Father. Hail Mary.

V. Five Wounds of God. R. Be my medicine.

V. By Your Five Wounds. R. Free me, O Christ, from my falls.

V. Give me peace, O Christ. R. By Your Five Wounds.

Let us pray.

All powerful, eternal God, You Who redeemed the human race in the five wounds of Your Son, our Lord Jesus Christ, because of His precious blood, allow those who venerate those wounds each day to escape a sudden and eternal death. Through the same Christ our Lord. Amen.



PRAYER OF CONSECRATION TO ST. JOSEPH – From Denise Miente

O Glorious Patriarch and Patron of the Church! O Virgin Spouse of the Virgin Mother of God! O Guardian and Virginal Father of the Word Incarnate! In the presence of Jesus and Mary, I choose you this day to be my father, my guardian, and my protector.

O great St. Joseph, whom God has made the Head of the Holy Family, accept me, I beseech you, though utterly unworthy, to be a member of your “Holy House”. Present me to your Immaculate Spouse; ask her also to adopt me as her child. With her, pray that I may constantly think of Jesus, and serve him faithfully to the end of my life.

O Terror of Demons, increase in me virtue, protect me from the evil one, and help me not to offend God in any way.

O my Spiritual Father, I hereby consecrate myself to you. In faithful imitation of Jesus and Mary, I place myself and all my concerns under your care and protection. To you, after Jesus and Mary, I consecrate my body and soul, with all their faculties, my spiritual growth, my home, and all my affairs and undertakings. Forsake me not, but adopt me as a servant and child of the Holy Family. Watch over me at all times, but especially at the hour of my death. Console and strengthen me with the presence of Jesus and Mary so that, with you, I may praise and adore the Holy Trinity for all eternity. Amen.

AN INVITATION

FEAST OF SAINT PADRE PIO OF PIETRELCINA

Our Lady Queen of Angels in Lancaster, PA fraternity cordially invites you to join some of our fraternity members at an event being held at The National Centre/Shrine for St. Pio. Feel free to bring your family and friends as well to honor this great saint!

When: Thursday, September 23

What: Feast Day Celebration for St. Pio

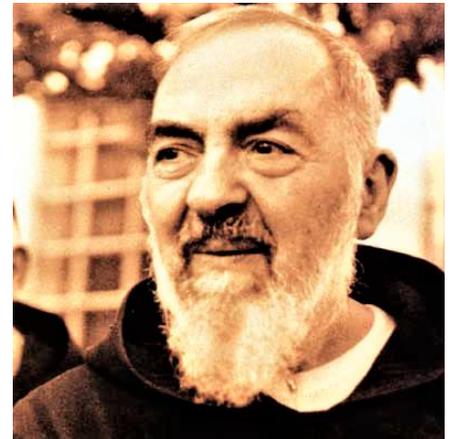
Where: The National Centre for Padre Pio, 111 Barto Road, Barto, PA 19504

Details: Both the Rosary at 11:30 am, and the Mass at noon will be held in the Chapel on Thursday, September 23 to celebrate the Feast Day of St. Pio.

Costs: Travel expenses and any items purchased in the gift shop. There is an onsite mini cafe with coffee and baked goods which is open some days (not all). There are also restaurants nearby should you choose to eat out and of course cost depends on what you order. For example, close by is the Americana Diner, 682 PA-100, Bechtelsville, PA 19505 – it is 2.9 miles from the Centre. However, we encourage you to pack a lunch to eat with other OFS members for more time for fellowship.

Other info: There is a museum and gift shop there, as well as the chapel. The museum is free of charge and has many wonderful artifacts from the life of St. Pio. The gift shop has many wonderful items for sale – books, rosaries, candles that can be lit at the shrine, statues, etc. People should pack their own lunch. There are some benches/picnic tables, but you could also bring your own lawn chair/blanket.

If there is enough people going, Jackie Holzel (OFS) could possibly arrange a tour of the Shrine by a shrine employee for us. Please RSVP if you are planning to attend to Jackie Holzel, jholzel@yahoo.com by **September 5** so this can possibly be arranged. It may be more difficult due to the Feast Day celebrations, but we can try if we have enough people interested in attending.



20TH QUINQUENNIAL CONGRESS IS COMING !!!

**IT'S OUR JUBILEE ... THE 800TH ANNIVERSARY OF OUR ORDER AND
THE 100TH ANNIVERSARY OF OUR NATIONAL QUINQUENNIAL CONGRESS
August 3 – 7, 2022 D Sheraton Phoenix Downtown
3rd Street Phoenix, AZ 85004**

So why all the hoopla now??? **Registration starts August 1, 2021 and the early birds get discounts.**

a Special group room rate is \$89 plus tax, per night but is only available until January 31, 2022
a Quinquennial “early bird” registration is \$175 until December 31st ...
or wait until May 28, 2022 and pay the “late owl” rate of \$250

So check out the information at:

<https://secularfranciscansusa.org/wp-content/uploads/1-General-Information.pdf>

**MANY THANKS TO THE FRATERNITY MEMBERS
WHO CONTRIBUTED MATERIAL TO THIS NEWSLETTER especially
*Carole March
Denise Mianta
Judith & Pat Tyrrell.***



10 Hudson Street
Annapolis, Maryland 21401

Light House
A HOMELESS PREVENTION SUPPORT CENTER

Tel: 410.349.5056
www.AnnapolisLightHouse.org

The Light House is looking to collect backpacks filled with school supplies, a variety of uniform tops and bottoms in different sizes to provide the greater Light House community children with the back to school gear needed to have a successful 2021-2022 school year!

BACKPACKS (Should Include)

- 1 pack pencils
- 1 pack black or blue pens
- 8 count crayons
- 8 count colored pencils
- 1 pencil pouch
- 12 count markers
- 1 Blunt tip scissors
- 3 pack glue sticks
- 3 packs wide ruled paper
- 1 pack sticky notes or Post-its
- 1 12 in. ruler
- 5 2 pocket folders, different colors
- 3 wide ruled composition notebooks

UNIFORMS (New or Gently Used)

- **Tops** - must have collars with buttons (3 or less) be polo style, in one of these four colors: white, navy blue, light blue, "Ravens" dark purple, or gray.
- **Pants/Shorts** - Standard pants, Capri pants and shorts must have belt loops and be worn properly and securely around the waist with a belt. All must be khaki, tan or navy blue, not denim.
- **Skirts/Skorts** - All must be khaki, tan or navy blue, not denim.
- **Belts** - A solid, plain black, brown/tan or navy, leather (or leather-like) belt.
- **Socks** - Must be plain (with no designs) and be one of the designated top colors.

SUNDAY, AUGUST 1ST - SUNDAY, AUGUST 29TH

Donation items listed above can be delivered to our 10 Hudson Street, Annapolis location, Monday through Friday 9:00am – 7:00pm, or Saturday and Sunday 9:00am – 3:00pm.

For questions, please email volunteers@annapolislighthouse.org.

08/01/21

Thank you for your support!