



# The Porter

St. Conrad Fraternity, Annapolis, MD  
Secular Franciscan Order – August 2019  
<http://stconradannapolis.sfousa.org/>

## Council

<b>Minister</b>	Patrick Tyrrell, OFS	(410) 721-7308	<a href="mailto:jpatricktsfo@gmail.com">jpatricktsfo@gmail.com</a>
<b>Vice Minister</b>	Mary Henry, OFS	(443) 949-0600	<a href="mailto:mhenry933@gmail.com">mhenry933@gmail.com</a>
<b>Secretary</b>	Joan Faltot, OFS	(410) 969-6354	<a href="mailto:jd6bouv@verizon.net">jd6bouv@verizon.net</a>
<b>Treasurer</b>	Kathleen Sievers, OFS	(410) 544-0618	<a href="mailto:esievers@verizon.net">esievers@verizon.net</a>
<b>Formation Director</b>	Denise Miente, OFS	(410) 643-2782 (h) (410) 253-5555 (m)	<a href="mailto:rubob903@gmail.com">rubob903@gmail.com</a>
<b>Councilor-at-Large</b>	Judith Tyrrell, OFS	(410) 721-7308	<a href="mailto:judithtyrrellofs@gmail.com">judithtyrrellofs@gmail.com</a>
<b>Spiritual Assistant</b>	Br. Rigo Azanwi, OFM Cap.	(202) 247-1662 (m)	<a href="mailto:brorigocap@gmail.com">brorigocap@gmail.com</a>

## Volunteers

<b>Historian</b>	Marie Shelton	(410) 590-5570	<a href="mailto:marifrances14@outlook.com">marifrances14@outlook.com</a>
<b>Infirmarian</b>	Evelyn Jones	(410) 827-9023	<a href="mailto:evelyn88jones@yahoo.com">evelyn88jones@yahoo.com</a>

The Porter deadline for the September issue is September 5. **Please send news, prayer requests, poems, or interesting things** that you think other members may enjoy to: Joan Faltot, 8217 Grainfield Rd, Severn, MD 21144, or send by email (address above).



### Fraternity Meeting

**Saturday, August 17, 2019**

**St. John the Evangelist, 607 Ritchie Hwy., Severna Park, MD 21146**

**8:30 Mass – Church. Meeting 9:15 – Youth Room**

### Refreshments



*Please remember to bring your own cup!*

Bowie/Crofton/Severna Park. Glen Burnie/Pasadena will be next, so please arrange to take the supplies home and restock if necessary. Note: Supplies will not be needed again until the November meeting

### Liturgy

Welcoming Ceremony for Carole Marsh and Linda Haney  
Glen Burnie/Pasadena: Saturday of the 19th week of Ordinary Time

### Formation

Joe McHugh has arranged for a speaker from Hospice of the Chesapeake

### Prayer Requests



*For our sick and/or homebound members:* (Please help us update this list)  
Marlane Peterson (president of Ixcan Ministries), Mary Henry, Ruth Shea's daughter Anne (kidney tumor removed on May 20), Audrey Donnelly, Joan's husband Bill Kvetkas, Pat Troup, Brigid Cobb, Joe McHugh's brother John, Mary Henry's daughter-in-law Katherine, Evelyn Jones' niece, Genny Wilbourne's granddaughter Jessica, Kathleen Sievers' niece Mandy and her son Michael.

### Profession Anniversaries

Bob Ranke -- 9/11/1986	David Littleton -- 09/17/2016
Sarah Ranke -- 9/11/1986	John Treichel -- 09/17/2016
Carmen Delgado -- 9/11/1986	Ron Van Nest -- 09/17/2016
Jean Gaes -- 09/17/1987	Marie Waleryszak -- 09/17/2016
Kathy Brady -- 09/17/2016	Kathy Duffy -- 09/17/2016
Judy Hool -- 09/17/2016	Genny Wilbourne -- 09/18/2010
Sandy Horvath -- 09/17/2016	Denise Miente -- 09/18/2010

<b>Birthdays</b>	Bob Ranke – 8/22 Denise Miente – 9/03 Peggy Tippet 9/18	Mary Rohde – 9/14 Chris Gordon – 9/15	Christopher Grubach – 9/15 Laura Benso – 9/16
<b>Treasury</b>	<p>Current balance: \$ 1,766.28.</p> <p><b>PLEASE NOTE:</b></p> <ul style="list-style-type: none"> <li>❖ <b>Our September 21<sup>st</sup> fraternity meeting will be at Cap College for Profession Ceremony.</b></li> <li>❖ <b>Our October 19<sup>th</sup> fraternity meeting will be Holy Family Church in Davidsonville to celebrate the canonical establishment of the St. Pope John Paul XXIII Secular Franciscan fraternity.</b></li> </ul> <p>Whenever we depart from our normal meeting location, our income to the common fund drops. Sometimes the fraternity collection basket and envelopes are not even present. So please make it a point to try and put in something extra in August and November or mail your contribution to:</p> <ul style="list-style-type: none"> <li>❖ Kathleen Sievers, 515 Brentwood Ave, Severna Park 21146-2505</li> </ul>		
<b>Outreach</b>	<p><b>Lighthouse Shelter Lunches:</b> Thursday, <b>August 22</b>, 9:30 a.m. at home of Joan K. The lunch group has increased their output from 50 to 100 lunches thru September. These lunches are used not only at the shelter but for other needy persons in the community, especially kids who no longer have the benefit of the school lunch program.</p> <p><b>Phoenix Academy “Backpacks”:</b> No backpacks until September; however, contributions are still needed for the Academy’s community outreach during the summer when they try to provide fresh food to the community.</p>		
<b>Council Meeting</b>	Tuesday, August 6, 9:30 am at the Tyrrells’ home.		
<b>Save the Date</b>	<p><b>August 17, Pittsburgh</b> -- Br Rigo will make his profession of final vows.</p> <p><b>September 7</b> -- Br. Rigo’s ordination to the Transitional Diaconate at the Shrine in DC.</p> <p><b>September 28</b> -- Br. Tage Danielson’s ordination to the Priesthood in Pittsburgh.</p> <p><b>October 19, Holy Family Parish, Davidsonville.</b> Archbishop Lori approved the canonical establishment of John XXIII Emerging Fraternity at Holy Family Parish in Davidsonville on May 22. Our fraternity is invited to attend the Mass and reception on October 19. <u>This event will take the place of our normal October fraternity meeting.</u></p>		

## COMMUNITY



### **Minister’s Minute:**

This will be our last “regular” meeting of the calendar year until our December Christmas celebration. Saturday we will hear about the Hospice of the Chesapeake. As you all should be aware, at our September meeting at Capuchin College we will celebrate the permanent professions of Chris, Joe, and Toby. And in October, we will join John the XXIII emerging fraternity at its canonical establishment Mass at Holy Family in Davidsonville. In November will elect a new council for our fraternity. See Joan Faltot’s note below about the election and pray about having a “ready and willing spirit” that Rule 21 calls for in a servant leader.

Back to the subject of hospice care, here’s what part of Rule 19 says about our mission and the end of our lives: “Messengers of perfect joy in every circumstance, they should strive to bring joy and hope to others. Since they are immersed in the resurrection of Christ, which gives true meaning to Sister Death, let them serenely tend toward the ultimate encounter with the Father.” One takeaway for me from these two sentences is that if we “strive to bring joy and hope to others,” we should be in great shape to “serenely” (or peacefully) accept our own mortality. We are given treasures which only God can give—love, grace, mercy, peace, truth, and justice among others—and, in turn, are called to share those treasures with others in a way that only we can.

Article 27 of the General Constitutions adds the following commentary on Rule 19:

1. *Rule 19* The brothers and sisters, progressing in age, should learn to accept illness and increasing difficulties and to give a deeper sense to their life. This should be undertaken with increasing detachment as they set out for the Promised Land. They should be firmly convinced that the community of those who believe in Christ and who love one another in Him will go forward into eternal life as the "communion of saints."

2. Secular Franciscans should commit themselves to create in their environment and, above all, in their fraternities, a climate of faith and hope so that "Sister Death" may be regarded as a passage to the Father, and all may prepare themselves with serenity.

I look forward to Saturday's presentation and seeing you there. In Christ & St. Francis, Pat

## **PS SEE THE MUST READ ITEM IMMEDIATELY BELOW**

### **FRATERNITY STRAW POLL VS PUSILLANIMITY — JOAN FALTOT**

Recall that at our last meeting, a straw poll was taken in which members designated who they thought should serve the fraternity as Minister, Vice-Minister, and Council Members. This poll was an initial step towards our fraternity election in November. The votes were tallied and reviewed by the Council. The highest vote getters can expect to be contacted by a council member to discuss their willingness to serve on the Council and to answer any questions. It is hoped that these people will give serious consideration to serving on the council. During the election, nominations will still be taken from the floor and there is no guarantee that the top poll people will be elected. However, it is probably gentler to let you know now rather than just spring on you in November. Please do not consider this early warning as time to find excuses as to why you just couldn't possibly serve on the Council.

This brings me to "pusillanimity" which I don't know how to pronounce. I happened on this word during Lent 2018 when Fr. Jim Donohue presented lectures covering material in the book [Glittering Vices: A New Look At the Seven Deadly Sins and Their Remedies](#) by Rebecca Konyndyk DeYoung. I am a terrible reader and fortunately I found my vice—pusillanimity—in the second paragraph of the introduction. When Thomas Aquinas discussed courage, he included the vice pusillanimity which means "smallness of soul." Those afflicted by this vice shrink back from all that God has called them to be. To quote DeYoung,

*When faced with the effort and difficulty of stretching themselves to the great things of which they are capable, they cringe and say, "I can't." In short, the pusillanimous rely on their own puny powers and focus on their own potential for failure, rather than counting on God's grace to equip them for great work in his kingdom.*

So whether you get a call from a council member this month or if your nomination should spring up from the floor at our election in November, take some time now, to review any stumbling blocks that you think might bar you from serving on the council: your anxieties, struggles, priorities in your life and to use these as a source of reflection and prayer to trust that God will grant you grace to fulfill your role as one of the fraternity's servant leaders.

## JPIC -- JUSTICE, PEACE AND INTEGRITY OF CREATION, ANIMATOR JUDITH TYRRELL, OFS

“As a body is one though it has many parts, and all the parts of the body though many, are one body, so also Christ. Now the body is a single part, but many. If one part suffers, all the parts suffer with it, if one part is honored, all the parts share its joy. Now you are Christ’s body and individually parts of it.” 1 Cor 12: 12, 14, 26-27.

Have you heard that song “WE ARE ONE BODY ONE BODY IN CHRIST..and we do not stand alone” ? Did you read the article in the Washington Post Catholics arrested in border **protest**..Catholic nuns, priest, advocates, and immigrants carried and wore photographs of migrant children who died in federal custody? We say thank you to all for standing up for life. [https://www.washingtonpost.com/local/70-catholics-arrested-in-dc-protest-over-trump-immigration-policies/2019/07/18/1f3b2bd6-a973-11e9-86dd-d7f0e60391e9\\_story.html](https://www.washingtonpost.com/local/70-catholics-arrested-in-dc-protest-over-trump-immigration-policies/2019/07/18/1f3b2bd6-a973-11e9-86dd-d7f0e60391e9_story.html)

I talked to a friend Delores in El Paso who said that the empty convent at our old parish of Blessed Sacrament was used for immigrants until recently when a tent city was established for them by the government. Thanks to Ruben Garcia from Annunciation House for helping them to serve the needs of our brothers and sisters who like Jesus had to flee with his family.

This week on August 14 we remember St. Maximilian Kolbe who laid down his life for the father of a family in Auschwitz prison camp. St. Maximilian is honored in a Shrine at St. Anthony’s in Ellicott City where prayers are said for prisoners and alcoholics and others who are addicted. Thanks for your example St. Max and for the Militia Immaculata and the spread of devotion to our Lady for growth in holiness and fruitful service in the Church. (The MI ACT of Consecration composed by St. Maximilian Kolbe follows) We celebrate the feast of the Assumption on the 15 or later in the month the Queenship of Mary Aug 2-- days recommended for the Consecration. Thank you St. Maximilian for your heroic sacrifice and for all those who visit prisoners. <https://missionimmaculata.com/index.php>

This past Sunday our parish of Our Lady of the Fields honored two Catholic young adults now in college and the Naval Academy who this past year in high school had been outstanding models of discipleship in our parish by working “diligently to evangelize within their parish and community by sharing their love for Jesus Christ and performing many acts of service.” Thank you Sarah Blank and Simon Jauschnegg. We rejoice with you for your Eagle of the Cross Award. We rejoice too with Mitchell Frye who visited our fraternity, a highschooler who is near completion of his Eagle Scout project--a Francis Peace garden soon to be dedicated at St. John the Evangelist in Severna Park.

Our Rule 17 reminds us that members of the OFS are “to cultivate in their families the Franciscan spirit of peace, fidelity, and respect for life, striving to make of it a sign of a world already renewed in Christ.” We are called to be Instruments of Peace in all the world...bringing love where there is hatred--thank you for the witness of Martin Luther King; bringing pardon where there is injury--thank you for the witness of St. John Paul II forgiving the man who shot him; bringing faith where there is doubt—thank you for the witness of these young adults and all who teach and share their faith; bringing hope where there is despair—thank you for the witness of Ruben, Delores and all who serve the immigrants and all who laid down in the Russell building to say better immigration policy is essential to save lives.

St. Frances Teresa Downing, OSC, writes of Sts. Francis and Clare in *The Living Mirror* as models for us in this life of joys and sufferings. If we look to their example we can bring the Good News of the truth of God’s great love for each and every one of us and His promises that we can cling to with hope through prayer. This week of St. Clare’s feast we thank God for the Poor Clares of DC who have been near and dear to our fraternity for many years and we ask St. Clare’s prayers for them in thanksgiving for their witness of lives of sacrifice and prayer.

This Poem called DOORS was written by one of them, SR Inez Marie Salfer, PCPA:

Clare..she sprung open the “door of death” and passing through found life..Life with Jesus  
Opening that door it was hard..tough..heavy blocks of wood..stone column  
She removed them one by one, quietly, swiftly, with the strength of Jesus in her noble feminine hands  
Love burst forth She was free..Free to bind herself to Jesus.  
Oh Clare Do you see the “door” before me? All the clutter...the debris  
That “door” which when opened will set me free  
The clutter must go...the debris... quietly with the strength of Jesus in my heart.  
His love beats loudly..urging me on..Oh Clare swiftly help this “door”  
“Death door” ...death to self..It is hard..tough  
Impossible for me but with the strength of Jesus, with the help of Clare  
Someday I will be free... free to be for Jesus.

## STEPS TO GET CLOSER TO GOD

Acknowledge your need for God. Repent of your sins. Ask Jesus to be the Lord of your life. Surrender your life to Him.

Ask the Holy Spirit to fill you with God's love and gifts and fruits.

Read the Bible-begin with one of the Gospels and the book of Acts.

Find a group to support you in your need-RCIA or ChristLife or prayer group or AA or a study group etc

Open your heart to our Blessed Mother Mary. Do one of the Consecrations- deMontfort, **St. Maximilian Kolbe**, or 33 Days to Morning Glory. Pray the Rosary.

Spend time in Adoration talking to God and listening to Him

Serve your brothers and sisters in your family, in your parish, in your neighborhood and in the world doing the spiritual and corporal works of mercy.

Judith Tyrrell June 6, 2019

## Official MI Prayer of Marian Consecration

(Composed by St. Maximilian Kolbe)

O IMMACULATA, Queen of Heaven and earth, refuge of sinners and our most loving Mother, God has willed to entrust the entire order of mercy to you. I, (name), a repentant sinner, cast myself at your feet, humbly imploring you to take me with all that I am and have, wholly to yourself as your possession and property. Please make of me, of all my powers of soul and body, of my whole life, death and eternity, what-ever most pleases you. If it pleases you, use all that I am and have without reserve, wholly to accomplish what was said of you: "She will crush your head," and "You alone have destroyed all heresies in the whole world." Let me be a fit instrument in your immaculate and merciful hands for introducing and increasing your glory to the maximum in all the many strayed and indifferent souls, and thus help extend as far as possible the blessed kingdom of the most Sacred Heart of Jesus. For wherever you enter you obtain the grace of conversion and growth in holiness, since it is through your hands that all graces come to us from the most Sacred Heart of Jesus.

V. Allow me to praise you, O Sacred Virgin

R. Give me strength against your enemies.

## **AUGUST OUTREACH: PHOENIX ACADEMY SCHOOL SUPPLIES**

At the August fraternity meeting, we will collect classroom school supplies for students at the Phoenix Academy in Annapolis. Listed below is the Academy's updated wish list.

**PLEASE:: NO CRAYONS** --They will surely melt in Denise's car before she can deliver them to the school..... and crayons aren't even on the list. \*\* Also, please try to purchase items made in the USA due to safety concerns with some articles !! Contact Denise if you have any questions.

### **PHOENIX ACADEMY SCHOOL SUPPLIES WISH LIST**

**Updated: August 2019**

Post-it notes; Different sizes and colors. Also, ones with lines-4"x6" and 3"x3"

Pens (Black and Blue)

Lined Paper – both wide and college ruled

Tons of Pencils – (NOT mechanical)

Markers

Colored Pencils

Glue Sticks

Dry Erase Markers

Binders – (1" and 1-1/2")

Plastic Folders

Composition Books

Spiral note books (one subject)

Boxes of tissues

Paper Towels

Hand Sanitizers

Large erasers

Peanut Butter/Squeeze-bottle Jelly (Grape and Strawberry)

Misc. Snacks

**YOU'RE INVITED: BR. TAGE DANIELSON'S ORDINATION TO THE PRIESTHOOD AND  
MASS OF THANKSGIVING**

During the August meeting, Pat will ask for a head count on who will be attending Tage's ordination and/or Mass of Thanksgiving so that he can RSVP for the fraternity. If you are unable to attend the August fraternity meeting and plan to attend one or both of the following, please let Pat know.

The Capuchin Franciscan Friars of the Province of Saint Augustine joyfully announce the Ordination of their Brother

**Tage Danielson, OFM Cap**

to the Sacred Order of the Priesthood

through the Imposition of Hands and Prayer of Ordination by

**The Most Reverend David Zubik**  
Bishop of the Diocese of Pittsburgh

**Saturday, September 28, 2019 at 10:30AM**

St. Catherine of Sweden Church  
2554 Wildwood Road  
Allison Park, PA 15101

Luncheon to follow in the parish hall

**RSVP by September 10 to [danielson@sjy.org](mailto:danielson@sjy.org) or  
phone 717-755-7503 x203**

You are invited to join

**Tage Danielson, OFM Cap**

in celebrating the Mass of Thanksgiving on the occasion of his Ordination to the Priesthood of Jesus Christ

**Sunday, September 29, 2019 at 2:00PM**

St. George Church  
5145 Peach Street  
Erie, PA 16509

Refreshments will be served after Mass inside the school's multi-purpose room

Priests are invited to concelebrate with a green stole

**RSVP by September 10 to [danielson@sjy.org](mailto:danielson@sjy.org)  
or phone 717-755-7503 x203**