

# The Porter

St. Conrad Fraternity, Annapolis, MD  
Secular Franciscan Order – August 2016  
<http://stconradannapolis.sfousa.org/>







## Council

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<b>Treasurer</b>	Pat Tyrrell	(410) 721-7308	<a href="mailto:jpatricktsfo@gmail.com">jpatricktsfo@gmail.com</a>
<b>Formation Director</b>	Denise Miante	(410) 643-2782 (h) (410)-253-5555 (c)	<a href="mailto:rubob903@gmail.com">rubob903@gmail.com</a>
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## Volunteers

<b>Historian</b>	Marie Shelton	(410) 590-5570	<a href="mailto:mariefrances14@outlook.com">mariefrances14@outlook.com</a>
<b>Infirmarian</b>	Evelyn Jones	(410) 827-7199	<a href="mailto:evelyn88jones@yahoo.com">evelyn88jones@yahoo.com</a>

The Porter deadline for the next issue is September 10<sup>th</sup>. Please send news, prayer requests, poems, or interesting things that you think other members may enjoy to: Jean Gaes, 1824 Lang Drive, Crofton, MD 21114 or send to [jrgofs@gmail.com](mailto:jrgofs@gmail.com)

<b>Fraternity Meeting</b> 	<b>Saturday, August 20<sup>th</sup> at St. John the Evangelist Church, 607 Ritchie Hwy., Severna Park, MD 21146 in the youth room. Mass in the Church is at 8:30 AM. Our meeting begins 9:15am with refreshments. Members who attended the Quinquennial will share their reflections</b>
<b>Refreshments</b> 	Davidsonville will supply breakfast. Glen Burnie/Pasadena will be next and should arrange to take the supplies home, restock if necessary, and return them at the next meeting. Remember to bring your coffee cup!
<b>Sharing</b> 	School supplies collection for the Phoenix Academy in Annapolis. Requested items- see list in newsletter. Shelter Lunch Making will continue in September at Joan Kvetkas' home.
<b>Liturgy</b>	The Glen Burnie/Pasadena group will lead our prayer.
<b>Council Meeting</b>	TBD
<b>Treasury</b>	<b>Common Fund balance: \$732. 71</b>
<b>Prayer Requests</b> 	<b>For sick and/or homebound members-</b> all in need of physical or spiritual healing; for Denise who is recovering from surgery and Tessie's father; for our country, for Br. James and Br. Jonathan who are to be ordained to the diaconate on September 3 <sup>rd</sup> ., for vocations, for our Poor Clare sisters.
<b>Birthdays</b> 	Bob Ranke 8/22, Denise Miante 9/03, Mary Rita Rossi 9/10, Mary Rodhe 9/14, Francis Proctor 9/25
<b>Profession Anniversaries</b> 	Brigid Cobb August 3. 1983

<b>Calendar</b>	
August 20	<b>Fraternity Meeting- Members will reflect on the Quinquennial and Laudato Si</b>
September 3	<b>Ordination of Br. James and Br. Jonathan to the Diaconate at 10 AM Mass at Shrine in DC</b>
September 17	<b>Fraternity Meeting- PROFESSION OF MEMBERS OF THE NEWLY FORMING GROUP at Holy Family Church in Davidsonville, MD- Mass will be at 9:30AM</b>
September 18	<b>OFS Regional Picnic at the Shrine of St. Anthony</b>
October 15	<b>Fraternity Meeting- Open House-Deacon Presberry will speak about his prison ministry.</b>
November 19	<b>Fraternity Meeting- Elections to the Council</b>

## Minister's Minute

Brothers and Sisters of Penance,

With joy our fraternity anticipates the Profession of our Newly Forming Group. Please keep them in your prayers in this final month and Denise as well in her new battle. Remember the joy of your Profession and share with one another.

Pat, Ron and David Littleton attended the Area meeting this past Saturday. The Area was well represented and Al Gigel, our Area Councilor, focused on prayer and the Rule, Constitution, and Statutes. In November we will have our Election and this month the Council will be sharing with you about the different Offices. Please prayerfully consider running. Please read the Constitutions regarding those Offices and the Election.

Pat and I said goodbye to Joan Robinson who was our founding mother –remember her speech at our 40<sup>th</sup> Anniversary celebration. She was the inspiration at Holy Family as well and gathered the 5 professed with Pat and I and Fr. Aaron to get it started. She leaves for Charlotte Aug 16<sup>th</sup> or so.

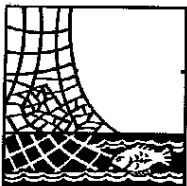
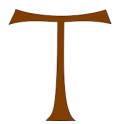
Linda Dennis did an excellent job of sharing with us her passion for PartnersinCare and helping those who are needy in any way. Please check out their website at <http://www.partnersincare.org/>.

What are you **passionate** about? At our meeting in August Pat, Ron and I will be sharing insights from the Quinquennial and we will break into sharing groups for discussion of what we can do individually and as a fraternity to respond in action to the exhortation from the presenters at the Q. Please read some or all of Laudato Si especially 5 and 6 that talk about action. This was the entire focus of Br. Keith Warner OFM of his talk and his workshop. As he said “Laudato Si is the most Franciscan Papal document ever”.

Did you see the Opening Ceremony of the OLYMPICS? “It was the most Franciscan Opening ceremony ever”. Check it out. Global warming, Climate Change. Rain Forest. Olympians planting trees---11, 000 of them as a memorial, And then there was the Refugee Olympic team in the parade with some from Syria, etc Praise God.

Pax et bonum, Judith

**On Saturday, September 3<sup>rd</sup>. Br. James and Br. Jonathan will be ordained to the diaconate at 10AM in the Crypt Church of National Shrine of the Immaculate Conception in DC. The invitation is copied on the last page Porter.**



-We received a letter from the family our fraternity supports in Kerala, India-Jancy Sabu wrote: “Here we are having heavy monsoon. The sea is very violent and we are in the threat of sea erosion. Some houses which are very close to sea is washed off in furious waves. Any way we are safe as we are dwelling a little more far from sea.” Many thanks to all who contributed for the upgrade of their house and the addition of a kitchen.

**Read Laudato Si “the most Franciscan papal document ever”  
Br. Keith Warner ofm -speaking at Quinquennial**

## OUR PATRON SAINTS AND BLESSEDS IN THIS JUBILEE YEAR OF MERCY

**June 20 – Blessed Michelina of Pesaro, III Order (1300 - 1356)**, was born in Pesaro, Italy to a wealthy Italian family. She married into the noble Malatesta family at the age of 12 and was widowed by age 20. She led a lifestyle of parties and luxury but, after the death of her only son, she experienced a vision of him in heaven, and decided to become a Franciscan penitent. One day, her only son, whom she loved tenderly, fell gravely ill. Along with her chambermaid, Syra, a very pious woman, she prayed at the bedside of her dying son, “My God, so that I may be certain to find my son close to you, I will then renounce all the vanity of the world!” Hoping for a miracle, she went with Syra to a church to implore the Blessed Mother. Having barely arrived at the foot of the altar, in front of an image of the Virgin with Child, she heard the Lord say to her: “Your son will be seated at my right hand and I will call him my brother; and to you yourself I will give the name of my mother.” A few days later, her son died. At the moment in which she was bestowing her last kiss on his forehead, she felt the start of a rebellion. But all of a sudden, the room was filled with light and she saw two Angels dressed in dazzling white gathering up on their wings of fire the soul of her son to bring him in front of the throne of God. This vision provoked in her a radical conversion. She proceeded to give away all her belongings and property, and founded the Confraternity of the Annunciation to care for the poor, nurse the sick, and bury the dead. Initially her family believed her to be insane and had her locked up. Upon her release from confinement, she made a pilgrimage to the Holy Land as penance for her sins. It is believed that she received the Stigmata in the course of this journey. She died at home and was beatified in 1737.

**June 25 – Saint Jutta (Judith) of Thuringia, III Order (c. 1200 -1264)**, patroness of Prussia, began her life amidst luxury and power but died the death of a simple servant of the poor. In truth, virtue and piety were always of prime importance to Jutta and her husband, both of noble rank. The two were set to make a pilgrimage together to the holy places in Jerusalem, but her husband died on the way. The newly widowed Jutta, after taking care to provide for her children, resolved to live in a manner utterly pleasing to God. She disposed of the costly clothes, jewels and furniture befitting one of her rank, and became a Secular Franciscan, taking on the simple garment of a religious. From that point her life was utterly devoted to others: caring for the sick, particularly lepers; tending to the poor, whom she visited in their hovels; helping the crippled and blind with whom she shared her own home. Many of the townspeople of Thuringia laughed at how the once-distinguished lady now spent all her time. But Jutta saw the face of God in the poor and felt honored to render whatever services she could. About the year 1260, Jutta lived near the non-Christians in eastern Germany. There she built a small hermitage and prayed unceasingly for their conversion.

**July 13 – Blessed Angeline of Marsciano, OFS and Foundress (1357-1435)** founded the first community of Franciscan women other than Poor Clares to receive papal approval. She was born to the Duke of Marsciano (near Orvieto). She was 12 when her mother died. Three years later the young woman made a vow of perpetual chastity. That same year, however, she yielded to her father’s decision that she marry the Duke of Civitella. Her husband agreed to respect her previous vow. When he died two years later, Angeline joined the Secular Franciscans and with several other women dedicated herself to caring for the sick, the poor, widows and orphans. When many other young women were attracted to Angeline’s community, some people accused her of condemning the married vocation. Legend has it that when she came before the King of Naples to answer these charges, she had burning coals hidden in the folds of her cloak. When she proclaimed her innocence and showed the king that these coals had not harmed her, he dropped the case. Angeline and her companions later went to Foligno, where her community of Third Order sisters received papal approval in 1397. She soon established 15 similar communities of women in other Italian cities. Angeline died on July 14, 1435, and was beatified in 1825.

## School Supplies Collection for Phoenix Academy

Denise writes: “... Mrs.



Liakos sent me...the teachers' wish list for our August meeting collection: 'As far as School supplies go, thank you for your generous offer to help. Our teachers love getting different colored and sizes Post-it notes in colors and ones that have lines on them. They also use lined paper, tons of pencils, markers, colored pencils, glue sticks, dry erase board markers in different colors, binders, all folders especially individual plastic folders for students, composition books, all general school supplies are great including pens in different colors, even Kleenex and paper towels.' Food pantry collection ongoing: cup of noodles, Ramen, Chef Boyardee meals, beef stew, chili, microwave meals, canned chicken, Tuna, fruit packets, canned fruit, shelf stable milk. (Items should have pop-tops and not require a can opener.)



We did not schedule our annual visit to the Poor Clares ( <http://poorclareswdc.org/>) this August. Several of the sisters are now living at a nursing home where they can get the care they need. However, sisters have come from other monasteries to help and the chapel is still open daily for Adoration. Please do visit! You can send prayer requests through their website (link above) or call the prayer line at 202-526-6808 and they will be glad to pray for your intentions.

## Care for Creation- The Forbidden Fruit by Susan Burns - August 1, 2016

A friend and I attended a symposium on wolves being held in West Yellowstone. In the United States there are no rights for nature and wildlife, as there is in other countries. Wolves and grizzlies are protected as endangered species, yet States can enact their own "shoot on site" laws. There is no evidence of malfeasance required. There is no consideration given to the part the animal plays in the larger ecosystem of sustainability in the environment. Man puts his will to protect his possessions, his will of domination over the animal kingdom, and his will to unilaterally decide the course of nature over God's will to protect and nourish the gifts He has given us. To counteract, numerous wildlife organizations pursue legal action. Proof of injury is required to bring suit against agencies or persons harming the standards of environmental protection. The passing of local ordinances in violation of Federal law is also being challenged by The Native American Indian Freedom Religious Act. Each of us can contribute to the legal defense of nature and wildlife. Each of us can substantiate proof of injury by immediately journaling our feelings and observations. We need to be specific about what upset us; making exact notations of time and place of the injury. We need to submit our written documentation to one of the wildlife organizations involved in the legal pursuit of justice for nature and wildlife; Environmental Defense Fund, Nature's Voice, National Wildlife Federation, etc. Besides the avenue of legal justice, we also need to continuously work on changing hearts. We can do this by first building our relationship with God. We need to pray, to study forming ourselves in His Word, and to take action. We need to invite God's Spirit to wrap our lives in His Will of Holiness so that His Will permeates our relationships with others, 24/7, in all our environments of family, social, work, church, nature, etc. We need to communicate God's Will with confidence and conviction, absent of the forbidden fruits of arrogance and intimidation.

Before returning through the park (Yellowstone), we visited the Grizzly and Wolf Discovery Center. I was a bit apprehensive as I thought wild animals in captivity was 180 degrees opposite of what I had just learned. What I found out was that all the animals in the Center could not survive in the wild. Sam, the 22-year-old grizzly, was an orphaned cub rescued by the facility. I learned that bear research is aiding in the medical field; obesity and weight loss study of bear's annual intense cycles of feeding to lose 25-40% of their body weight in hibernation, prevention of bone deterioration of bear's 6 month's hibernation of lying in a den and not losing bone or muscle tissue (I have a hard time moving every time I stand up), cardiovascular study of the bear's intense increase in cholesterol during hibernation yet no hardening of the arteries, dissolving gallstones using the bile juice from hibernating bears (ursodeoxycholic acid), and new hope for kidney patients as hibernating bears have no need to eliminate body wastes. In the Lamar Valley at Yellowstone there is a den of wolves, 8 pups and 9 adults. I learned at the center that the pups lick the faces of the adults to make the adults regurgitate their food for the pup's nourishment. I also learned that by fall the pups will be ready to move out and seek new habitat. I've escalated my intention to see the wolf pack before returning to Maryland in September.



Sam, the grizzly at the Discovery Center searches



One of the wolves at the Discovery Center



for food hidden by the staff to mimic the search for food in the wild.



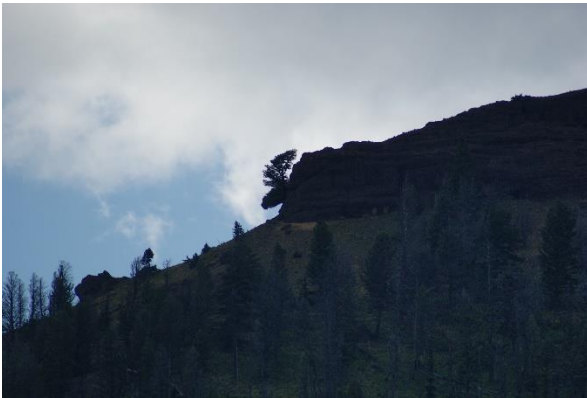
Eagles, hawks, and other birds are at the Discovery Center because of injury and the resulting inability to fly. Following are recent pictures of God's Creation seen in Yellowstone, primarily in the Lamar Valley.



Swallow nests and babies



Osprey family



Tree Apparition of a Moose Head



Black bear taking time to smell the flowers



Elk visiting my car in the RV park



Eagle across the Yellowstone River at RV park

*The Capuchin Franciscan Friars of the Province of Saint Augustine  
Joyfully invite you to the ordination of*

***Br. James Watson, OFM Cap.***

*and*

***Br. Jonathan Ulrick, OFM Cap.***

*To the Order of Deacon  
Through the imposition of hands and the invocation of the Holy Spirit by  
Most Rev. Mario Eduardo Dorsonville-Rodríguez  
Auxiliary Bishop of Washington*



***Saturday, September 3, 2016  
10:00AM***

*Basilica of the National Shrine of the Immaculate Conception  
Crypt Church  
400 Michigan Ave, NE, Washington, DC 20017*

*Reception follows at Capuchin College  
4121 Harewood Rd., NE Washington, DC 20017.*



***RSVP email: [jwatson@capuchin.com](mailto:jwatson@capuchin.com)  
By August 21, 2016***

*Priests and Deacons please bring alb and white stole.*

**Profession of the Newly Forming Group will be NEXT MONTH!** Our September meeting will take place at Holy Family Church in Davidsonville MD, beginning with professions at the Mass at 9:30 AM and followed by a reception there. This month we will have a sign-up for food for the reception. Also there will be no monetary fraternity collection that month so please be generous in your contributions before or after or mail your check to our treasurer.

***Our Fraternity website features new prayers including a Novena to St. Clare and the Franciscan Family Chaplet that was prayed at the Quinquennial for the renewal of the Franciscan Family .  
Go to : <http://stconradannapolis.sfousa.org/franciscan-prayers/>***



# Fun Pictures of the Q

Please pray for the sharing and discussion that will take place at the fraternity meeting Saturday.



